

Drug and Alcohol Assessment

For use with DAAC Deck

Name: _____ Date: _____

Substances used:

Drug	Current Use?	Amount	Frequency	Method of Admin	Ages Used
___ Amphetamines					
___ Beer					
___ Cocaine, crack					
___ Cocaine, powder					
___ Codeine					
___ Cough Syrup					
___ Ecstasy					
___ Fentanyl					
___ Hallucinogens, (LSD, mushrooms, PCP)					
___ Hashish					
___ Heroin					
___ Hydrocodone (Vicodan, Lortab)					
___ Inhalants (glue, poppers, aerosols, etc.)					
___ Marijuana					
___ Meth					
___ Methadone, Suboxone					
___ Morphine, Dilaudid					
___ Nicotine, Vaping					
___ Oxycodone (Oxycontin, Percocet)					
___ Rum					
___ Spice					
___ Steroids					
___ Tranquilizers (Valium, Librium, Ativan, Xanax)					
___ Vodka					
___ Whiskey, bourbon					
___ Wine, wine cooler					
___ Other					

Reasons for Drinking or Using

1. ___ Allows me to be me
2. ___ Be accepted/sense of belonging
3. ___ Be more creative
4. ___ Be more sociable
5. ___ Calms me down

6. ___ Celebrate special occasions
7. ___ Cope with stress
8. ___ Curiosity
9. ___ Deal with cravings
10. ___ Deal with depression
11. ___ Forget my problems
12. ___ Get a break from family or spouse
13. ___ Get my anger out
14. ___ Have fun
15. ___ Improved my mood
16. ___ Make unpleasant thoughts go away
17. ___ Makes life easier to manage
18. ___ Makes me popular and fun to be around
19. ___ Meet new people
20. ___ More fun at a party
21. ___ Not feel so bad about myself
22. ___ Nothing else better to do
23. ___ Overcome anxiety
24. ___ Overcome boredom
25. ___ Part of my job
26. ___ Peer pressure
27. ___ Put up with school or work
28. ___ To get high
29. ___ To get through the day

Feelings I Get When Using

1. ___ Adventuresome
2. ___ Aggressive
3. ___ Angry
4. ___ Anxious
5. ___ Bored
6. ___ Curious
7. ___ Depressed, down
8. ___ Disappointed
9. ___ Excited
10. ___ Free
11. ___ Friendly
12. ___ Happy
13. ___ High
14. ___ Horny
15. ___ Irritable
16. ___ Joking
17. ___ Mellow
18. ___ Obnoxious
19. ___ Outgoing
20. ___ Paranoid
21. ___ Peaceful
22. ___ Rebellious
23. ___ Rowdy

- 24. ___ Sad
- 25. ___ Uncomfortable
- 26 ___ Withdrawn

Effects of Using

- 1. ___ Arrested
- 2. ___ Became friendlier, more outgoing
- 3. ___ Blackout (don't remember what I did)
- 4. ___ Family concerned
- 5. ___ Felt worse about myself
- 6. ___ Gained self-confidence
- 7. ___ Got attention
- 8. ___ Got depressed
- 9. ___ Got into arguments
- 10. ___ Got out feelings I stored up
- 11. ___ Got to where I didn't care
- 12. ___ Got violent
- 13. ___ Grades went down
- 14. ___ Had more sex
- 15. ___ Had sex to pay for drugs
- 16. ___ Hurt or abused people I love
- 17. ___ Loss of motivation
- 18. ___ Lost friends/family
- 19. ___ Memory Loss
- 20. ___ Missed school or work
- 21. ___ More productive/creative
- 22. ___ Numbed feelings
- 23. ___ Opened up and talked more
- 24. ___ Passed out
- 25. ___ Physically harmed myself, cutting
- 26. ___ Reduced physical pain
- 27. ___ Relaxed
- 28. ___ Sexual difficulties
- 29. ___ Started dealing
- 30. ___ Stole money or goods
- 31. ___ Suicide thoughts or attempts
- 32. ___ Used alone
- 33. ___ Wrecked vehicles